

# NCLR

NATIONAL COUNCIL OF LA RAZA

Raul Yzaguirre, President

## National Office

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Dear Friend:

The Centers for Disease Control and Prevention (CDC) of the federal government is conducting a study to collect information about the health and nutritional status of people living in the United States. Of particular interest to public health researchers and policy makers is assuring representation of the full spectrum of all people who live in this country, including Hispanic Americans. By participating in the National Health and Nutrition Examination Survey you have the opportunity to represent thousands of others in our communities.

The National Council of La Raza (NCLR) fully supports this worthwhile project and encourages everyone who is selected to participate. The National Health and Nutrition Examination Survey, last conducted in 1994, is beginning a new cycle that will provide new and important information available through no other source. The research results from previous cycles of the study have been used to help address important health problems in our community such as heart disease, diabetes, and high blood pressure. Your participation in the study makes sure that NCLR and other organizations have the detailed information necessary to promote policies and design programs to address the specific needs of the Latino community.

We hope that you will take the time to participate in this important study. This is a rare opportunity for you to contribute valuable health statistics to help address the health problems of our community. The interviewer who calls on you will arrange to interview you at home at your convenience and will also arrange an appointment for a physical examination. You will also be given the results of your examination, which you and your doctor may find very useful. All information will be kept in the strictest confidence, and no information will be released to any other federal agency.

If you have any questions about this study, please feel free to call Dr. Kathryn Porter at the CDC toll-free at 1-800-452-6115, or the Vice President in charge of NCLR's Center for Health Promotion, Norma Lopez, at (202) 785-1670. Thank you for your time and consideration.

Sincerely,



Raul Yzaguirre  
President



Program Offices: Phoenix, Arizona • San Antonio, Texas • Los Angeles, California • Chicago, Illinois

LA RAZA: The Hispanic People of the New World